

Optima Spa

Description:

At Optima Spa and Wellness Centers we believe in continual improvement for our company, our staff and our clients. Everyone of our employees goes through extensive training to provide the best possible care and treatment while using the latest, most effective techniques available.

Regardless of whether you are a one-time client, a regular once a month client or and every day client we treat you with the utmost respect and caring.

We utilize "Treatment Paths" which were designed by a panel of experts to provide a holistic approach to better health. Each Treatment Path helps to make our guests' visits unique for their specific needs.

Each "step" in the "Treatment Path" is designed to move the guest forward towards their ultimate goal; whether it be to feel better, look better, be better or all three.

Of course all of are treatments can be provided a'la carte to provide a faster more specific solution to a more specific condition. These treatments include Massage, Chiropractic, Skin Care, Nutrition & Diet, Micro Current Therapy (MCT) and Personal Training.

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